



# Hypotension

<b>Immediate action</b>	<p align="center"><b>Inform team of concerns</b> <b>Consider requesting vehicle stop</b></p>		
<b>Patient assessment</b>	<p>Note <b>observations</b> (SpO<sub>2</sub>, HR, BP, ETCO<sub>2</sub>, GCS)          Consider <b>100% oxygen</b> if SpO<sub>2</sub> low  <b>Auscultate</b> chest          Check <b>chest drain</b> (if present): confirm swinging, bubbling and draining          Review <b>ventilator settings</b> (Mode, FiO<sub>2</sub>, set and actual RR, I:E ratio, set and actual Tv, PIP, MV)          Check <b>peripheral pulses &amp; skin temperature</b>          Check <b>arterial line</b>- adequacy of trace, site, pressure bag adequately inflated          Review <b>ECG morphology</b> (rate, rhythm, ST/T wave changes, changes from previous)          Confirm <b>vasoactive infusion</b> rate(s) and line patency          Confirm <b>sedative infusion</b> rate(s) and line patency          Consider <b>diverting to nearest ED</b> if suggested actions fail to resolve the issue</p>		
	<b>Possible cause</b>	<b>Feature</b>	<b>Action</b>
<b>Distributive shock</b>	<b>Anaphylaxis</b>	High HR, exp wheeze, urticarial rash, ?low SpO <sub>2</sub> , high/low ETCO <sub>2</sub> , high PIP	Increase FiO <sub>2</sub> , Adrenaline (titrated IV dose or 0.5mg IM), Piriton 10mg IV, Hydrocortisone 100mg IV, inhaled +/- IV salbutamol, IVF bolus
	<b>Sepsis</b>	Warm peripheries, high HR, low SpO <sub>2</sub>	Increase MV, IVF bolus, vasopressors, increase FiO <sub>2</sub> , Hydrocortisone 100mg
<b>Hypovolaemic shock</b>	<b>Bleeding</b>	High HR, cool peripheries, concealed bleeding (abd, limb, chest), visible bleeding	Increase FiO <sub>2</sub> , IVF bolus (blood if available), vasopressors, tourniquet
	<b>GI losses</b>	High HR, cool peripheries, vomiting/diarrhoea	Aspirate NGT, IVF bolus, vasopressors
<b>Cardiogenic shock</b>	<b>Myocardial ischaemia</b>	Sweaty, cool peripheries, ST & t-wave abn	Maintain SpO <sub>2</sub> >94%, GTN spray, MAP>65mmHg vasopressors/ inotropes
	<b>Brady-arrhythmia</b>	HR<40, non-sinus rhythm/ST changes, cool peripheries, ?low SpO <sub>2</sub>	Increase FiO <sub>2</sub> , Drug options (IV): Glycopyrrolate 200mcg, Atropine 600mcg or 3mg, titrated Adrenaline boluses or infusion, Drug failure: pacing via defib
	<b>Tachy-arrhythmia</b>	High HR, non-sinus rhythm/ST changes, cool peripheries, ?low SpO <sub>2</sub>	Drug options (IV): MgSO <sub>4</sub> 5g or Amiodarone 300mg. If sig hypotension/hypoxia or drug failure: synchronised DCC x3
	<b>Pulmonary embolism</b>	High HR, low SpO <sub>2</sub>	Increase FiO <sub>2</sub> , maintain MAP >65mmHg using vasopressors/inotropes, fluid bolus
<b>Obstructive shock</b>	<b>Cardiac tamponade</b>	High HR, engorged neck veins, pulsus paradoxus, quiet heart sounds	Increase FiO <sub>2</sub> , fluid bolus, maintain MAP>65mmHg using vasopressors/inotropes
	<b>Pneumothorax</b>	Unilateral A/E & chest wall movement, low BP, low SpO <sub>2</sub> , tracheal deviation	Increase FiO <sub>2</sub> , needle decompression (2 <sup>nd</sup> ICS, mid-clavicular line) and/or finger thoracostomy (4 <sup>th</sup> ICS, mid-axillary line)
<b>Other</b>	<b>Arterial line malfunction</b>	Bleeding at site, damped trace, difficult to flush, pressure bag failure	Confirm BP with NIBP, flush arterial line with 0.9% saline, check connections, replace pressure bag
	<b>Vasoactive drug interruption</b>	High infusion pressure on syringe pump, leakage at site	Ensure line unclamped, aspirate and flush and/or change lumen, change pump, use peripheral phenylephrine or adrenaline

